

Making
health care
simpler
for you.

2024 State Farm Open Enrollment

 Texas Health® |  aetna®

Health care with you at heart.

Everyone wants simpler health care, but Texas Health Aetna is making it happen. Bringing together the clinical excellence of Texas Health and Aetna's coverage expertise, our plans make health care simpler, more convenient and less costly for you.

Simpler health care starts here.

To get started, activate your member profile to access and manage your health plan and benefits at home and on the go. There are two simple ways to do this:

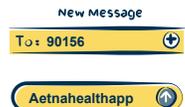
1. Online portal

Visit texashealthaetna.com and select “**member login**” and then “**register**” to create a user name and password. Then follow the prompts to include your contact details.



2. Our app

Text “**AETNAHEALTHAPP**” to **90156** and click the link to download it from the App store or Google Play. Follow the prompts to register.



24/7 access to a doctor, at no cost

It's tough to find time to see a doctor, but our **Anytime-MD** app puts one on call, in your pocket, anytime.

Within minutes they'll respond to help with everyday care needs, general medical questions, minor illness, injury and allergy, care locations or prescription refills sent to your pharmacy.*

Now improved to include direct connection to specialists in behavioral health, women's health issues and weight management, **Anytime-MD** is available in English, Spanish and a variety of other languages through an interpreter on the phone - saving you time, money and offering 24/7 peace of mind.

* Prescriptions (now managed by CVS Caremark®) and follow-up appointments will be billed according to your health plan's benefits.

Appointments on your time

Who wants to wait an average of 24 days to see a doctor or a specialist? Call us at **1-800-213-3224** and we'll get you timely appointments that fit your schedule, when you need them. If needed, we can also send a **DispatchHealth** care team to your home via the **Anytime-MD** app. Plus, for a \$0 copay, members can walk in to any **MinuteClinic**™ location for select non-emergency care services*.

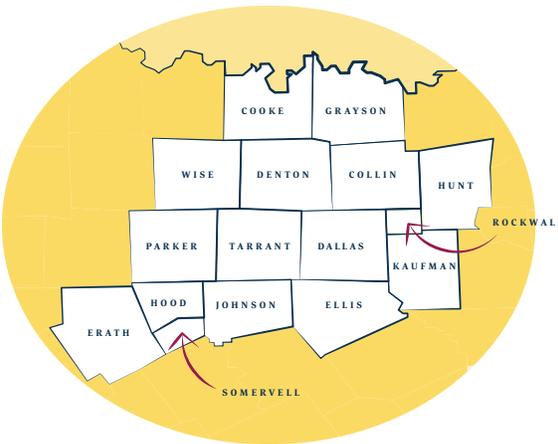


Personal support for serious care

If illness or injury puts you in the hospital, or if you have a chronic condition, we provide a local care team to help guide you through the process of getting well. They'll keep you informed, coordinate treatment, liaise between specialists and help schedule follow-up appointments. So all you need to focus on is getting back to better health.



Don't forget to update your contact information on the member portal, so your care team can get in touch.



A network that's always nearby

You'll always have access to great care, wherever you live and work in the 16 major counties of North Texas.

3,319+ primary-care doctors*

16,886+ specialists*

7,569+ behavioral health specialists*

48 general and acute care hospitals*

18 Texas Health Breeze Urgent Care Centers*

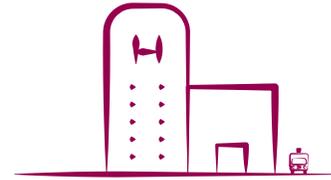
We're proud to offer coverage at in-network health systems in your area, including:

- + **Texas Health***
- + **UT Southwestern***
- + **Methodist Health***
- + **Cook Children's Hospital***
- + **Children's Medical Center of Dallas***

*Your doctor is your choice. For a full list of participating providers, visit texashealthaetna.com to log in to your member portal or click [here](#).

Here, there, everywhere you need: our network hospitals

Visit texashealthaetna.com for the very latest information on doctors, specialists, facilities and providers.



Collin County

- + Children's Medical Center Plano
- + Methodist McKinney Hospital
- + Methodist Richardson Medical Center
- + Texas Health Center for Diagnostics & Surgery Plano
- + Texas Health Frisco
- + Texas Health Presbyterian Hospital Allen
- + Texas Health Presbyterian Hospital Plano

Cooke County

- + Muenster Memorial Hospital
- + North Texas Medical Center

Dallas County

- + Children's Medical Center of Dallas
- + Methodist Charlton Medical Center
- + Methodist Dallas Medical Center
- + Methodist Hospital for Surgery
- + Methodist Rehabilitation Hospital
- + Texas Health Presbyterian Hospital Dallas
- + Texas Institute for Surgery at Presbyterian Hospital of Dallas
- + Texas Scottish Rite Hospital for Children
- + University of Texas Southwestern University Hospital
- + University of Texas Southwestern University Hospital — Zale Lipshy

Denton County

- + Texas Health Presbyterian Hospital Denton
- + Texas Health Presbyterian Hospital Flower Mound
- + Cook Children's Medical Center Prosper

Ellis County

- + Ennis Regional Medical Center
- + Methodist Midlothian Medical Center

Erath County

- + Texas Health Harris Methodist Hospital Stephenville

Grayson County

- + Texoma Medical Center

Hood County

- + Lake Granbury Medical Center

Hunt County

- + Hunt Regional Medical Center Johnson County
- + Texas Health Harris Methodist Hospital Cleburne

Kaufman County

- + Texas Health Presbyterian Hospital Kaufman

Parker County

- + Texas Health Harris Methodist Hospital Azle

Rockwall County

- + Texas Health Presbyterian Hospital Rockwall

Somervell County

- + Glen Rose Medical Center

Tarrant County

- + Children's Southlake Specialty Care
- + Cook Children's Medical Center
- + Methodist Southlake Hospital
- + Methodist Mansfield Medical Center
- + Texas Health Arlington Memorial Hospital
- + Texas Health Harris Methodist Hospital Alliance
- + Texas Health Harris Methodist Hospital Fort Worth
- + Texas Health Harris Methodist Hospital Hurst-Euless-Bedford (HEB)
- + Texas Health Harris Methodist Hospital Southlake
- + Texas Health Harris Methodist Hospital Southwest - Fort Worth
- + Texas Health Heart & Vascular Hospital Arlington
- + Texas Health Huguley Hospital Fort Worth South
- + Texas Health Mansfield
- + Texas Health Specialty Hospital Fort Worth
- + USMD Hospital at Arlington

Your benefits: all you need to know

You'll always have access to great care, wherever you live and work. Please note: out-of-network benefits are not covered.

		In-network providers
Deductible	Employee only	\$500
	Family	\$1,000
Out-of-pocket maximum	Employee only	\$2,000
	Family	\$4,000
What you pay for covered service	Preventive care	Covered 100%; no deductible; \$0 copay
	Doctor visit	\$30 copay; deductible waived
	Specialist visit	\$50 copay; deductible waived
	Emergency room	\$200 copay; deductible waived
	Non-emergency care in emergency room	Not covered
	Urgent care	\$75 copay; deductible waived
	Hospital	20% after deductible
	CVS Minute Clinic (Any Location)	\$0 copay* deductible waived
Virtual Care	Anytime MD Virtual Care App	\$0 copay* deductible waived

*\$0 copay for select non-emergency care services.

Finding a doctor and getting referrals.

No one knows you and your health needs better than your primary care doctor. We encourage you to make the most of this relationship: you can find one using the instructions below.

Regarding referrals, our Open Access EPO Plus plan allows you to self-refer to specialists within the Texas Health Aetna network.

To select a primary care doctor, go to

texashealthaetna.com and click on

“**Find a Doctor**” at the top.



Log in as a member, or a guest, and note your employer plan is “**EPO Plus/Open Access EPO Plus.**”

You can also call the 800-number on the back of your ID card and one of our concierge team members will be happy to help you.



Get a check-up — they're covered

Don't put off preventative and routine care if you're worried about costs. Your Texas Health Aetna plan benefits cover preventative services at no cost, including:

- + Routine adult physical exams and immunizations
- + Routine well child exams
- + Childhood immunizations
- + Routine gynecological care
- + Routine mammograms (one per year for women age 35 and over)
- + Routine Digital Rectal/Prostate Specific Antigen Test (recommended for men age 40 and over)
- + Colorectal cancer screening (ages 45 and over)
- + Routine eye exams (1 exam every 24 months)
- + Routine hearing screening



See a PCP: your first stop for care

Having a Primary Care Physician (PCP), a local doctor who knows you and your needs, is the best way to get the right care at the right time. See how to find one on page 5 of this brochure. It makes sense for better health.

- + Save time and money compared to Urgent Care or the ER.
- + Stay healthy with check-ups, routine and preventive care, tests and screenings.
- + Use telehealth/video consults if you can't make a visit.
- + Get referrals to the right in-network experts for chronic conditions.

Remember, you can also use the **Texas Health Family Care Clinic**, in CityLine's Wellness Building, for everyday care needs like:

- + Walk-in and same day/next day appointments
- + Annual exams, health screenings and immunizations
- + Sports physicals
- + Chronic disease management
- + Treatment of non-emergency injuries and lacerations
- + Minor surgical care
- + Healthy-lifestyle education

For more information call the Clinic at **972-238-7051** or visit **Texas Health Family Care**.

Annual Enrollment is November 14 - 30, 2023

Questions?

Visit **aetnaplanofferings.com** or call **1-800-822-4346 (TTY:711)**.

Disclaimer

For your best health, we encourage you to have a relationship with a primary care physician or other doctor. Tell them about your visit to MinuteClinic, or MinuteClinic can send a summary of your visit directly to them.

For a complete list of participating walk-in clinics, log in to texashealthetna.com and use our provider search tool. Includes select walk-in clinic services. Not all walk-in clinic services are covered. Please consult benefit documents to confirm which services are included. This benefit is not available in all states. Walk-in appointments are based on availability and not guaranteed. Online scheduling is recommended.

This material is for information only. Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Providers are independent contractors and are not agents of Aetna or Texas Health Aetna. Provider participation may change without notice. Information is believed to be accurate as of the production date, however, it is subject to change.

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