

Anytime-MD: how to get a doctor in your pocket, anytime.



Available in English, Spanish and other languages, our free* **Anytime-MD** app puts you in touch with a live, in-network doctor 24/7. Whether you or a family member are feeling ill, in pain, stressed or need advice, they'll respond, listen, answer questions, diagnose, connect you to a Behavioral Health specialist, even refer you for an appointment or get a prescription sent to your local pharmacy.

Want to get it now? It's simple.

1. Download **Anytime-MD** from Google Play or the App Store.

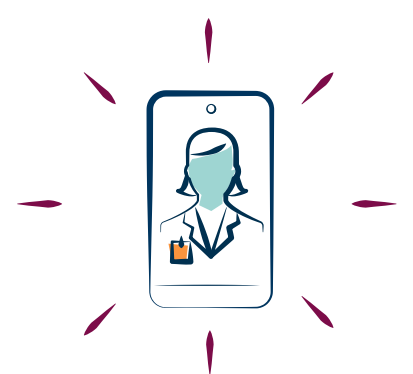
2. Create an account:

- + Enter your **birthday**.
- + Provide your **member ID card number**.
- + Add an **individual identifying number** for you (for example, 01; a spouse might have 02; a dependent, 03).
- + Fill in your **email address**.

3. **Check your inbox** (including your spam folder) for an invitation/confirmation e-mail.

4. Click **“accept”** on the Terms & Conditions – you're all set!

5. **Tap on the App icon** to start chatting with a doctor instantly.



Want to learn more? Visit anytime-md.com or call the number on the back of your Texas Health Aetna ID card. We're here to help.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage.